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### Words of Inspiration

"Whatever you choose to do, leave tracks. That means don't do it just for yourself. You will want to leave the world a little better for your having lived." - *Ruth B. Ginsburg*

### Prayers for my Friend's Healing

*Dear God, I have a friend who's now in pain. This is a difficult time for his/her life, so I ask You to be with him/her. Show him/her Your mercy and send forth Your healing hands to him/her. I know, Lord, that no disease is ever too much for You to heal. You shall allow no affliction, whether physical, mental, or emotional, to stay with us forever. I trust in You, God, and Your mighty power to restore my friend's body and mind back to normal. Thank You also for blessing my friend with skilled doctors to help him/her on his road to recovery. Thank You for giving them intelligent minds and compassionate hearts to serve my friend during his/her time of illness. Continue to anoint them with Your wisdom, God, that they may provide correct diagnoses and prescribe the right medicine. We continue to trust in Your timing, Father God. Continue to work Your restoration through his/her body. Renew his/her strength soon that he/she may continue to serve You and share Your love with the people around him/her. All these we ask in Your Name, Amen!*



### Introducing !

### PATH2HEALTH: "Comfort Tea"

An interactive discuss about women's issues through their journey with cancer.

Comfort Tea is available through ZOOM

Please visit [BNRAC.org](http://BNRAC.org) for more information.

All are Welcome!



### "Beacon of Light"

We Honor

**Ms. Gwendolyn Hankins**

*Wonderful & Beautifully Made!*

a sister, mother, aunt, grandmother, & friend

Ms. Gwen Hankins ~ a women of great faith and an avid Seventh Day Adventist. She was devoted to her church as a an Adventist and faithful to its doctrine by always being prepared for the Sabbath— before dust to after dawn. A family person. Always teaching the young people in the family how to treat one another. She loved everyone unconditionally and show no respect of person, always treating everyone the same. She loved to cook and had the best recipes. She would tell stories of history about different family members for all to remember. She was known as the caregiver of the family and prayed that everyone was covered in God's healing of blessings in good health. She loved to travel and spending time with her sisters. We love you & will always miss you.

May you rest in peace!

### Got Prayer?

BNRAC Wednesday Morning  
Prayer Call, 7am. EST.

Come join the Sisterhood  
in Faith

425-436-6319

Code 301717



From our Founder—Vernitta Rose Love

BNRAC was inspired by one with a wonderful soul, spirit, and mind. It was conceptualized through its founder by the Power of God. We humbly vow to carryout God's Will for its path and purpose. To ensure that every woman will receive what is intended from this mission. It is our vow that this mission is never about ourselves, but about the women that cross our path and that are in need of its purpose. Our prayer is that BNRAC will leave a mark on the lives of each women that will never ever be erased. To God Be the Glory.



