



In This Issue:

- Words of Inspiration
- Prayer of Love for One Another
- BNRAC "Beacon of Light" - Honoree
- From our Founder: Vernitta Rose Love
- And much more!

Bald Nation Rocks Against Cancer (BNRAC) is a small grassroots faith based 501c3 organization with a vision to provide support services to women diagnosed with cancer in Atlanta and the greater metro areas.

Our services consist of:

Peer2Peer Partners – Survivors are paired with women to help address their uncertainties about cancer;

Path2Health Support Group – Monthly support group meeting (via Zoom) led by Licensed Counselors;

Resilience & Restoration Therapy – Licensed cosmetologist and spa professional recommendations;

Shared Rides – Round trip transportation to scheduled medical appointments;

Prepared Meal Delivery – Healthy meals provided after a hospital stay;

Sister in Faith – Wednesday Morning Prayer Call at 7am EST.

For more info visit: www.BNRAC.org

Tribute Wall

Give in Honor or Memory!

Your loved one's legacy can be a help to support others by making a donation and give honor to them on the BNRAC Tribute Wall.

For more info visit: www.BNRAC.org/Tribute

5 Spring Gardening Tip!

- 1) **Plan ahead.** Make a "to-do" list of projects to tackle new features.
- 2) **Start seeding.** Start seeds of vegetables and annuals indoors 6-8 weeks before you plan to set them out.
- 3) **Prune shrubs and vines.** Now is the time to prune roses and some shrubs.
- 4) **Prepare ornamental beds.** Rake out surface debris and cut back perennials.
- 5) **Edible planting.** Remove debris from vegetable beds to help warm the soil.



Happy Planting!



Prayers of Love for One Another

Loving You is the best thing that has happened to me, Oh Lord. You have stood by me ever since the fateful day that I accepted Your company. You have showered me with Your pure love, blessings, miracles, and divine protection. In fact, this prayer is only due to Your power. By which, You kept me alive to see today and to make a request. I pray, Father in Heaven that You open the eyes of my family and friends. And for the ones who love You like I do, Father keep both their eyes and mine open to Your devotion and adoration. I bless Your divine name for this deep and short prayer for love. In Jesus Name I Pray, Amen.



Words of Inspiration

“When we do the best we can, we never know what miracle is wrought in our life, or in the life of another.”

~ Helen Keller ~



Month of March: Colors of Cancer



BNRAC Prayer Call

Wednesday Morning Prayer at 7am Est

Come join our Sisterhood in Faith

Call in number: 425-436-6319 enter Code 301717#

~ PATH2HEALTH ~

“Comfort Tea”

***Talk Session via ZOOM
4th Tuesday 7pm—8pm***

For more info visit: www.BNRAC.org



From our Founder—Vernitta Rose Love

“BEACON OF THE LIGHT”

Honoree

Mrs. Patsy Jackson

We pay tribute to a Sister and Friend.

Mrs. Patsy Jackson celebrates her 63rd birthday on Feb 3rd of this year. Everyday is a milestone and a blessing for a cancer survivor. This is more than just a regular birthday, but a milestone and a blessing for a cancer survivor. She was featured in the January 2020 Newsletter as we kickoff the launch for Bald Nation Rocks Against Cancer. Patsy is our inspiration and vision for the conceptualization of Bald Nation Rocks Against Cancer. Patsy is a wife, queen mother, sister, friend, mentor and beacon of light to so many. Her warm smile touches the hearts of everyone that she comes in contact with and she has a laugh that fills up a room. She is a woman of faith, tested and proven through her own challenges while facing cancer. BNRAC honors her and are blessed to have her as our own.



Honoree of the “Beacon of Light”

BNRAC 2021 List of Events

PATH2HEALTH: Nature Trail Hike, Monthly -1st Sat only

“Rock the BALD” Soul Line Dance of Thon—May 21

“Rock the BALD” for a Cause Shave Event —June 21

Jazz, Blues, & Jokes BBQ Fundraiser — August 21

“Colors of Cancer” Turkey Hop 5K Race — Nov 21

For more info visit: www.BNRAC.org

