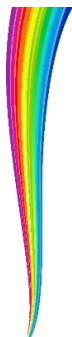


[View this in your browser.](#)

Colors of Cancer

March 2023, Volume 3



## Warrior's Edition

Words of Inspiration  
Women's History Month  
Women Pioneers in Cancer Research  
Prayers for my Sister!  
*and much more!*

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~ Words of Inspiration ~

***“When you learn something from people, or from a culture, you accept it as a gift, and it is your lifelong commitment to preserve it and build on it.”***

**Yo-Yo Ma**

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***Bald Nation Rocks Against Cancer (BNRAC)*** is a small grassroots faith-based not for profit organization with a passion to provide spiritual and holistic support services for women diagnosed with and fighting against ALL types of

## cancer in Georgia to include Cobb, Douglas, Paulding and areas of Fulton counties.

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**Bald Nation Rocks Against Cancer (BNRAC)** was inspired by a wonderful friend that was diagnosed with horrible cancer. The organization was conceptualized by its founder in 2019.

**The BNRAC Oath!** The members of this organization are humbled and vow to carry out God's Will to ensure that every woman receives what is intended from its mission. It is our vow that this mission is never about ourselves, but about the purpose to support the fighting warriors that cross our path and are served by its purpose.

*BNRAC Services consist of:*

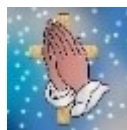
- **Peer2Peer Partners** – Recipients are paired with cancer survivors for support;
- **Path2Health Support Group** – Monthly support group led by licensed Counselors;
- **Resilience & Restoration Therapy** – Cosmetologist and spa professional therapy;
- **Medical Transport** – Round trip transportation to scheduled medical appointments
- **Prepared Meal Delivery** – Healthy meals provided after a hospital stay
- **Spiritual Connection** – Sisters-in-Faith Wednesday Morning Prayer Call at 7am EST.

Contact our Support Team at [Support@BNRAC.org](mailto:Support@BNRAC.org) or text: 404-368-9017

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∞ Women's History Month ∞



Prayers for my Sister's healing...

**Heavenly Father**

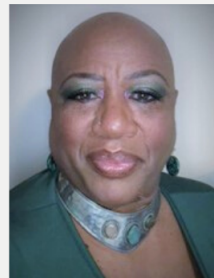
***Please hold my sister close at this time of uncertainty.  
Remind her of your promises when she is feeling overwhelmed.  
Whisper words of love when she feels alone.  
Lie her down in peace and comfort when she is weary.  
Give all who cares for her great waves of wisdom to speak words of strength and  
inspiration to her.  
Lead her through this journey singing songs of hope over her life.  
Quiet her soul as she faces scheduled surgeries and treatments of this cancer.  
Come quell the fears that she may have and fill her heart and mind with your  
everlasting love.  
In Jesus's Name I Pray! Amen.***

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*Words from our Founder...*

## **Vernitta Rose Love**

CEO/ Founder  
Cancer Advocate



**As I reflect upon Women's History Month, I give homage first to my mother Norma Jean Brown who instilled in me the importance of faith, family, hardwork and getting things done. I'm blessed in so many ways because of life-lessons she would never let me forget.**

**Women's History has evolved in so many ways. Women have fought and died for fundamental ways toward the successes of this nation and the world today. Women, past and present have done so many amazing things by reaching and furthermore shattering the glass ceiling.**

**Yet, the fight remains. There is still more work to be done. There are more hills to climb and mountains to conquer steadfast in knowing that we "can do all things through Christ with strengthens us." Phil 4:13**

**But for now we will celebrate those past and present to extend honor where honor is due. We will accept the allocates, tributes and rewards while, yet fighting for adequate healthcare, equal pay and rights that we are still so well deserving of.**





The act of giving tribute to a precious loved one, friend or colleague is a heartfelt way to honor their life. To give honor to another person is a powerful celebration of their significance to us and the contributions of their legacy. These are people who touched the lives of many and made our world a better place. Honorary donations extend the positive impact made by extraordinary people in our lives. They should be acknowledged. What better way than with a donation?

Your gift of \$1500, \$1000, \$500, \$250, or \$150 is a lasting tribute that provides a visible connection of your loved one or honoree. It will also provide vital resources to the Bald Nation Rocks Against Cancer mission to support others in need.

On behalf of Bald Nation Rocks Against Cancer, we sincerely appreciate you for supporting our mission. [BNRAC.org/tributes](https://bnrac.org/tributes)

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BNRAC RECOGNIZES WOMEN PIONEERS IN CANCER RESEARCH  
AS  
"WARRIORS OF STRENGTH, INSPIRATION, RESILIENCE & RESTORATION"



*Legacy  
of  
Henrietta Lacks  
Extraordinary contributions  
toward Cancer Research*



*Legacy  
of*  
F. M. C. J. C. D.



YSABEL DURON

## SUPER FOOD SALMON SALAD

*DURING THIS SEASON OF LENT IT MAY BE DIFFICULT TO FIND JUST THE RIGHT FOODS TO FILL YOU UP. THIS SALAD IS A SIMPLE GO-TO MEAL THAT IS PERFECT FOR ANY SEASON*

### Ingredients

- Wild Salmon fillets
- Avocado oil searing salmon - for a little crisp on the salmon
- Baby kale + romaine + spinach + arugula – any green works here
- Sliced shallots
- Sliced avocado and feta cheese for creamy yum
- Sliced red onions for a hint of color
- Pumpkin seeds or sunflower seeds or even walnuts
- Hint of salt and pepper



**Upcoming "SAVE THE DATE" Event:**

1st Colors of Cancer Women's Tea Soiree, Sunday March 19th  
Annual "Paint it Bald" Sip & Stroke Fundraiser Event, Saturday, June 24th  
Prostate & Breast Cancer Awareness Campaign, Saturday, August 26th  
Annual Cancer Warriors Charity Brunch, Sunday, Oct 15th

BALD NATION ROCKS AGAINST CANCER

P.O. BOX 1472

MARIETTA, GA 30061-1472

501C3 ORGANIZATION

Support@BNRAC.org / 404-512-2595

*Thank you for your support!*

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